**LAKE MARY GIRLS WEIGHTLIFTING**

**2020-2021 SCHEDULE**

**Wednesday November 4th-** at Seminole @ 4:00pm

**Wednesday November 11th-** at Lake Brantley @ 4:00pm

**Wednesday November 18th-** at Lyman @ 4:00pm

**Saturday December 5th-** at Hagerty @ 10:00am

**Wednesday December 9th-** SAC CHAMPIONSHIP MEET AT WINTER SPRINGS

Weigh-ins- 2:30pm

**START- 4:30pm**

**Friday January 22nd-** DISTRICT MEET AT APOPKA

Weigh-ins- 3:00pm

**START- 5:00pm**

**Saturday January 30th-** REGIONAL MEET AT HAGERTY

Weigh-ins- 7:00am

**START- 9:30am**

**Saturday February 13th-** STATE MEET AT ST. CLOUD HS

Weigh-ins- 7:00am

**START- 9:30am**

**Head Coach**

Pat Barrett

E-mail: [Patrick\_Barrett@scps.k12.fl.us](mailto:Patrick_Barrett@scps.k12.fl.us)

Phone: 407-320-9538

**Assistant Coach:** John Rega

**Volunteer Coaches:** Mike Stephenson

Judith Mandujano

**Principal:** Dr. Mickey Reynolds

**Athletic Director:** Rick Weyers